

"Anger makes the list of the seven deadly sinsbecause for centuries people have witnessed its destructive power and influence. Understanding anger gets much more complicated than simply looking at its effects, though. Anger isn't merely a sin that causes chaos, it's an emotion that is indicative of some thing deeper-something in the subconscious desires of the human heart." Jonathan Parnell

Recap

false worship

Recap

false identity

false righteousness

false behaviour

Anger is the mask we hide behind

My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires. James 1:19-20

Recap

Carpe diem quam minimum credula postero. Horace

"Seize the day putting as little trust into the future."

If life is only a series of days before you die, and death is final, then the pursuit of pleasure is the highest truth. Hedonism is a philosophy of living which argues that pleasure is the primary, or most important source of intrinsic good. Hedonism asserts that the whole purpose of existence is to live a life of personal enjoyment without much thought about the consequence He **God made the pleasures:** all our research so far has not enabled us to produce one. All we can do is to encourage the humans to take the pleasures which our enemy has produced, at times, or in ways or in degrees, which He has forbidden. Wormwood, in The Screwtape Letters (C. S. Lewis)

"Our desires aren't the problem—it's what we do with them." Jim Vander Speck

"To the mind that is asleep and to the soul that is young, pleasure equates to happiness. Pleasure comes to mean any sensation that is enjoyable, and life becomes an eternal chase from one sensation to the next, a superficial ride of small thrills. In such a way of life there is no poignant depth to existence or quality of meaningful experience." Mateo Sol The Perils of Pursuing Pleasure, Michael Bishop Ph.D. You'll be a "fair weather" everything If you think that pleasure is all there is to happiness, then the people and projects in your life promote your happiness only insofar as they give you pleasure.

You'll be unhappy when your unrealistic expectations about happiness are dashed In a widely reported study, Mauss and colleagues (2011) found that thinking like a hedonist (i.e., placing a high value on pleasure) is associated with lower levels of well-being.

The hedonist recommends a life you don't really want Studies suggest that high levels of pleasure would also compromise your ability to think logically (Forgas 2007) and make sound decisions (Cyders & Smith 2008; Martin et al. 2002). The simple definition of lust is having a selfabsorbed desire for an object, person, or experience. When we are in lust, we place the object of our desire above all things in our lives.

Like most of the seven deadly sins, the obvious answer misdirects from the root heart issue of what we are becoming

immediate appetites self gratification temporary growth fruit self sacrifice eternal

flesh vs the Spirit

sarx-the sensuous nature of man, "the animal nature"

pneuma-The person of the Holy Spirit, and His power

Bibles Thoughts on the Flesh

It cannot please God (Rom 8:8)

In it dwells no good thing (Rom. 7:18)

Do not put confidence in it (Phil. 3:3)

Do not make provision for the flesh by feeding it the things that it enjoys. (Rom. 13:14)

You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love. Galatians 5:13

It is for freedom that Christ has set us free vs 1

something that is free was once enslaved, Paul is using the image of slave to show what Jesus has done

in verse 13 he is saying don't get out of the prison cell and walk into another So I say, walk by the Spirit, and you will not gratify the desires of the flesh. vs 16

The word "walk" means to "go about," or "walk around" or figuratively, "to conduct oneself." It is in the present tense meaning to walk continuously. Walking is a "reiterated step." It is to take a series of small steps in the same direction over a long period of time. The Christian life is a habitual constant, moment-by-moment intentional and deliberate choice to be in tune with the Holy Spirit.

Not a Sunday stroller

For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want. vs 17

two paths, two choices

This is an active war in our souls, not passive or stationary

But if you are led by the Spirit, you are not under the law. vs.18

a to lead by laying hold of, and this way to bring to the point of destination: of an animal
b to lead by accompanying to (into) a place
c to lead with one's self, attach to one's self as an attendant
d to conduct, bring

Jesus, full of the Holy Spirit, left the Jordan and was led by the Spirit into the wilderness, Luke 4:1

But if you are led by the Spirit, you are not under the law. vs. 18

Freedom from the law isn't obedience, good works or religious behaviour

The law is the minimum human effort to transform this world. The Spirit take our lives and multiplies our faith output by His power

Those who belong to Christ Jesus have crucified the flesh with its passions and desires. Since we live by the Spirit, let us keep in step with the Spirit. vs 24-25

walk by the Spirit vs 16 Alongside

The Cure for Lust

led by the Spirit vs 18 Front

keep in step with the Spirit vs 25 Pace