

TRANSCENDENCE

A Life of Prayer

Three Models, One Truth

Recap

Jesus prayed as a **discipline** (Jewish Prayer schedule)

Jesus prayed as **preparation**

Jesus prayed as He encountered **need**

Recap

Jesus didn't just pray, He lived a life **reflected** in His prayers

Recap

Remain in me, and I will **remain** in you. For a branch cannot produce fruit if it is severed from the vine, and you cannot be fruitful unless you **remain** in me. [John 15:4](#)

Transcendence comes from the Latin prefix trans-, meaning "beyond," and the word scandare, meaning "to climb." When you achieve transcendence, you have **gone beyond ordinary limitations**

Everything about your spiritual **growth** and **development** will start and stop at your prayer life. **Everything!**

The **lack** of prayer might be an **indicator** of **systemic** spiritual **rot**

Belief
Remembering
Reminding
Inviting
Recognizing

Participation
Partnership
Vulnerable
Process

Prayer is the **consciously** and **intentionally** creating **space** for God

Behavioural
Disciplined
Habitual
Need

Intimacy
Sacral
Holy
Combative

How do you **change**?

One Big Reason the Church Doesn't Pray, John Onwuchekwa

We as people—and especially as Christians in our day and age—are **smart** and **resourceful**. There are so many things that we can do. So, we're filled with a sense of pride which instead of increasing the sense of ambition that we have, decreases the amount of ambition that we have.

One Big Reason the Church Doesn't Pray, John Onwuchekwa

While our ambitions may increase quantitatively—there are things we want to do, churches we want to plant, people that we want to see come into the doors of the church—all of our ambitions tend to revolve around things that we can do **by ourselves**, in **our strength**, in **our own power**, in **our lifetime**.

One Big Reason the Church Doesn't Pray, John Onwuchekwa

Because of that, I think that we don't pray because everything that we want to do, **we can do ourselves** if we work really hard. But, if we embrace this posture of praying together as a church, one thing we're reminded of is that our ambition has to go far beyond our lifetime.

As we pray, we attach ourselves to **God's agenda**, and when we do that, we are reminded that God's work always outlives God's workers. And so, as we pray for things that extend far beyond our lifetimes, we are reminded that we aren't going to be the ones that are in control of the goal that God wants to set, the things that he wants to do.

Comfort resists prayer

Entertainment (distraction) hides need

If the purpose of the church was to be ‘**big**’ and ‘**attract**’ lots of people, then Canada (North America) would be **fully** evangelized. Instead, with all the resources, money, talent and energy in attracting people to church, we are realizing that what has made us disciples of Jesus is no longer ‘**acceptable**’ practices within Western Christianity

Prevalence of the different forms of religiosity, people aged 15 and older, 2019

Indicator of religiosity	Total	Gender	
		Male (ref.)	Female
	percentage		
Religious affiliation			
Yes	68	64	72 [*] _—
No	32	36	28 [*] _—
Frequency of participation in group religious activities			
At least once a week	16	14	18 [*] _—
At least once a month	7	7	8
At least once a year	24	24	25
Not at all	53	55	50 [*] _—

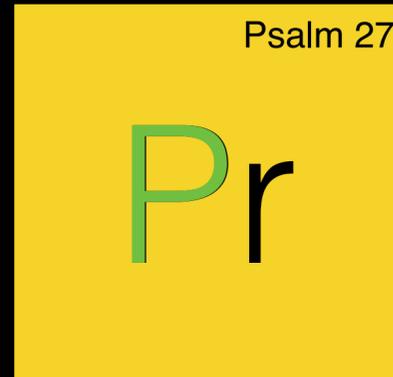
Frequency of engaging in religious or spiritual activities on one's own	Total	Male	Female
At least once a day	20	15	24 [*] _—
At least once a week	10	9	12 [*] _—
At least once a month	7	6	7
At least three times a year	4	4	4
Once or twice a year	7	6	7
Not at all	53	60	46 [*] _—

Structured Prayer—Jewish prayer model. This prayer model gives our prayer life **structure**. It forces us to create space in the businesses of life for God's presence.

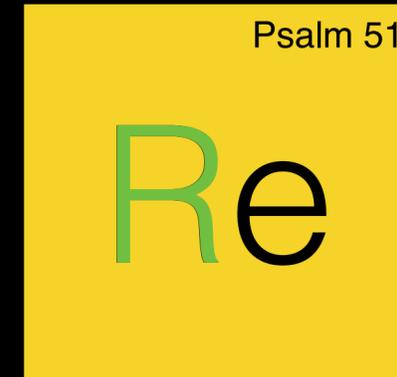
Responsive Prayer—Jesus prayer model. Jesus shows us how to be **proactive** in our spiritual lives. To be prepared for what is known. It also allows us to be prepared for what is unknown

Spontaneous Prayer—The final piece is understanding and recognizing the role of the **Holy Spirit** in prayer

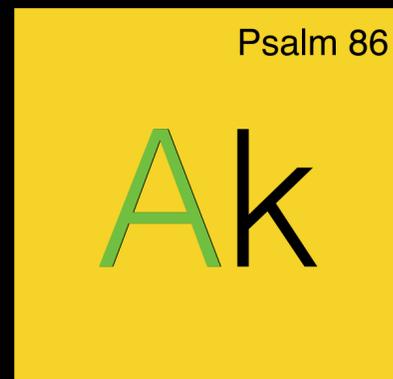
Prayer has four basic elements



Praise



Repent



Ask



Yield

And pray in the **Spirit** on **all occasions** with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. **Ephesians 6:18**

But you, dear friends, by building yourselves up in your most holy faith and praying **in the Holy Spirit** **Jude 1:20**

The word translated "in" can mean "in," "with," or "by means of." The verse refers to our need of the Holy Spirit to help us with our prayers.

The Holy Spirit component of prayer is about **spontaneity**. It is about being **prompted** by God, in the moment, to pray for someone/something.

The difficulty of this is that our **rational** mind rejects/fights against this

Properly understood, praying in/with the Holy Spirit shows a heart/mind made **spiritually sensitive** to the **need** around them (Jewish & Jesus models) that is then **prepared** to recognize God's moving **presence** around them.

In the same way, the **Spirit helps us** in our weakness. We do not know what we ought to pray for, but the Spirit himself **intercedes** for us through wordless groans. **Romans 8:26**

And because we are his children, God has sent the **Spirit** of his Son into our hearts, prompting us to call out, “Abba, Father.” **Galatians 4:6**

So all of us who have had that veil removed can see and reflect the glory of the Lord. And the Lord—who is the Spirit—makes us **more and more** like him as we are changed into his glorious image. **2 Corinthians 3:18**

For God is **working** in you, giving you the **desire** and the **power** to do what pleases him. **Philippians 2:13**

Morning Prayer

Spontaneous Prayer

Responsive Prayer

Unknown Prayer

Spontaneous Prayer

Afternoon Prayer

Spontaneous Prayer

Unknown Prayer

Responsive Prayer

Spontaneous Prayer

Evening Prayer

Belief
Remembering
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Inviting
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Prayer is the **consciously** and **intentionally** creating **space** for God

Behavioural
Disciplined

Intimacy
Sacral

What do you think will happen to yourself
with constant **exposure** to God's **presence**?

Habitual
Need

Holy
Combative

“We change our behaviour when the pain of staying the **same** becomes **greater** than the **pain of changing**. Consequences give us the pain that motivates us to change.” Dr. Henry Cloud & Dr. John Townsend

How do you **change**?

Change is triggered when what **should be** outweighs **what is**

Then Moses said, “If you don’t personally go with us, don’t make us leave this place. How will anyone know that you look favourably on me—on me and on your people—if you don’t go with us? For your **presence** among us sets **your people and me apart** from all other people on the earth.” **Exodus 33:15-16**

The **one thing** I ask of the Lord—the thing **I seek most**—is to live in the house of the Lord all the days of my life, delighting in the Lord's perfections and meditating in his Temple. **Psalm 27:4**

Hear me as I pray, O Lord. Be merciful and answer me! My heart has heard you say, "**Come and talk with me.**" And my heart responds, "**Lord, I am coming.**" **Vs 7**

Teach me how to live, O Lord. **Lead me** along the right path **11a**

Wait patiently for the Lord. Be brave and courageous. Yes, **wait** patiently for the Lord. **Vs 14**

December

December 4th and 11th—here at the Princess Twin

December 18th—Breakfast service at the Huether (dart room)

Christmas Eve service—online

No Service December 25th and January 1st

Month of November

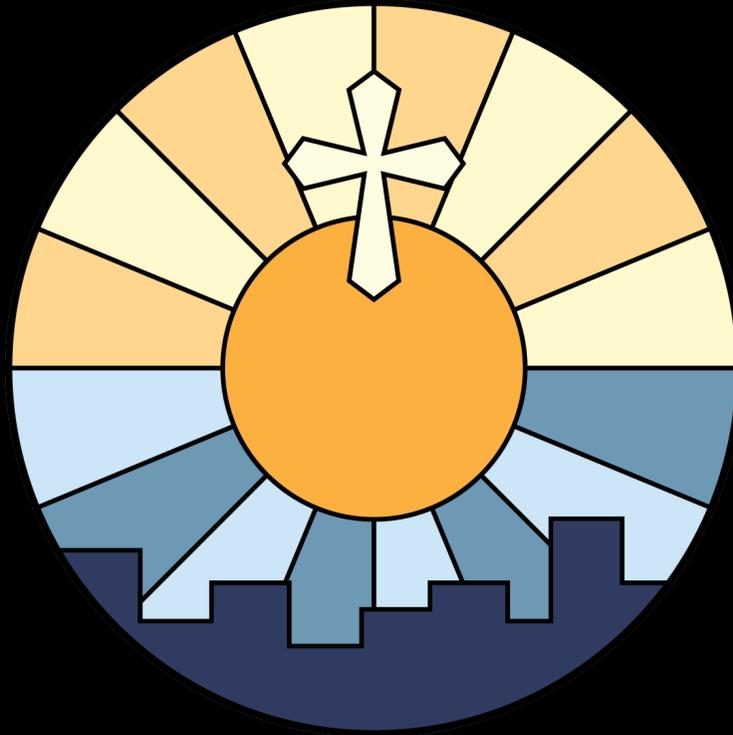


Month of December

New or gently used winter jackets, new socks and gloves

text2give

226-909-0014



eTransfer

info@uccwaterloo.ca

(auto deposit)