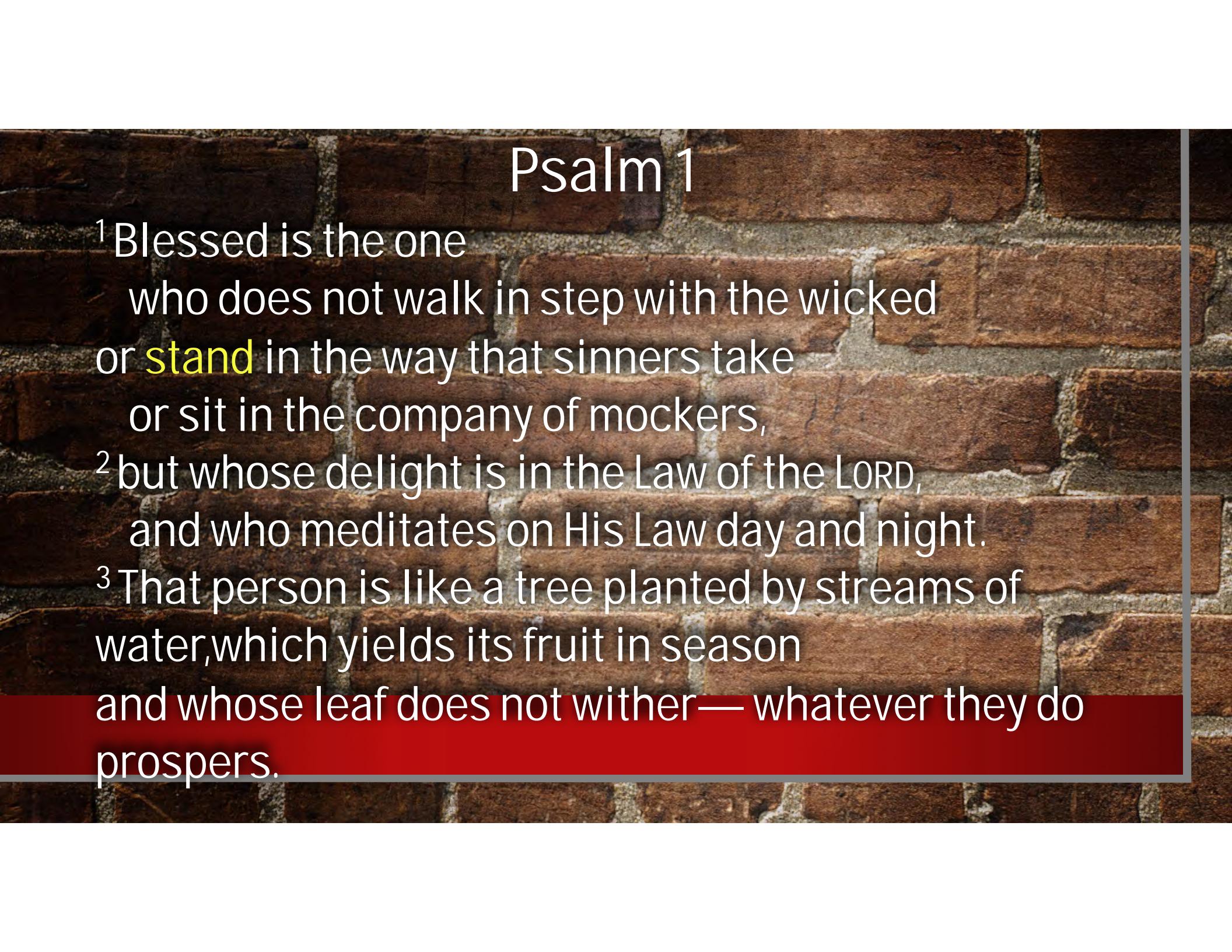


A photograph of a woman jogging away from the camera on a dirt path. She is wearing a white tank top and shorts. The sun is low in the sky, creating a bright lens flare and casting long shadows. The path is lined with greenery and trees. In the upper right quadrant of the image, the text "Don't Run Alone" is overlaid in a large, white, sans-serif font.

Don't Run Alone

The background of the slide features a stack of several old, brown leather-bound books. The spines and edges of the books are heavily worn, showing significant texture and discoloration. The lighting is dramatic, highlighting the rough surfaces of the leather.

Psalm 1

¹Blessed is the one
who does not walk in step with the wicked
or stand in the way that sinners take
or sit in the company of mockers,

²but whose delight is in the Law of the LORD,
and who meditates on His Law day and night.

³That person is like a tree planted by streams of
water, which yields its fruit in season
and whose leaf does not wither—whatever they do
prospers.

Walk

Walk- To Saunter, Stroll, Amble, March, Stride, Pace or Toddle.

Psalm 89:14-16

¹⁴ Righteousness and justice are the foundation of your throne;
love and faithfulness go before you.

¹⁵ Blessed are those who have learned to acclaim you,
who walk in the light of your presence, LORD.

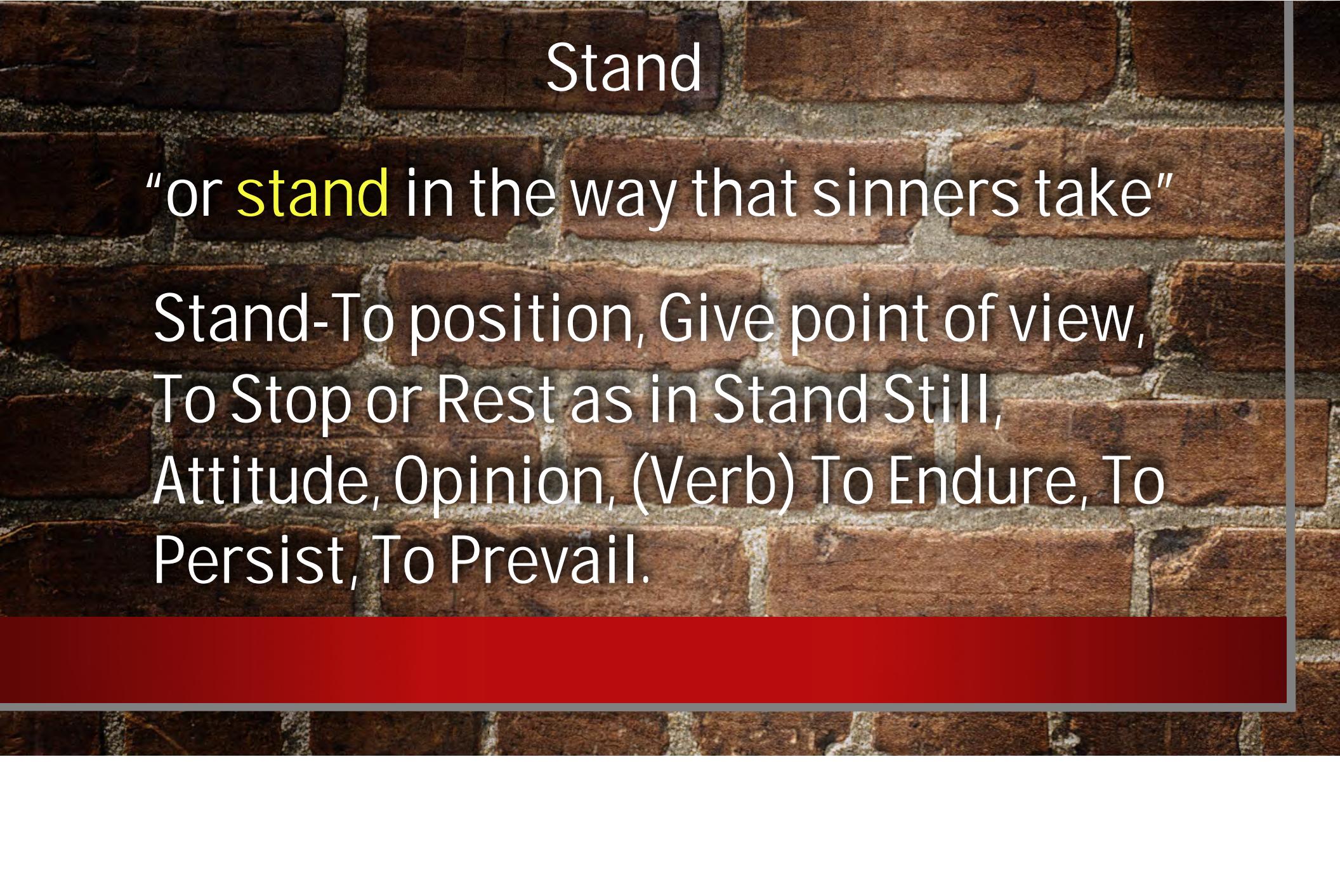
¹⁶ They rejoice in your name all day long;
they celebrate your righteousness



Ephesians 5:1-2

¹Follow God's example, therefore, as dearly loved children

²and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.



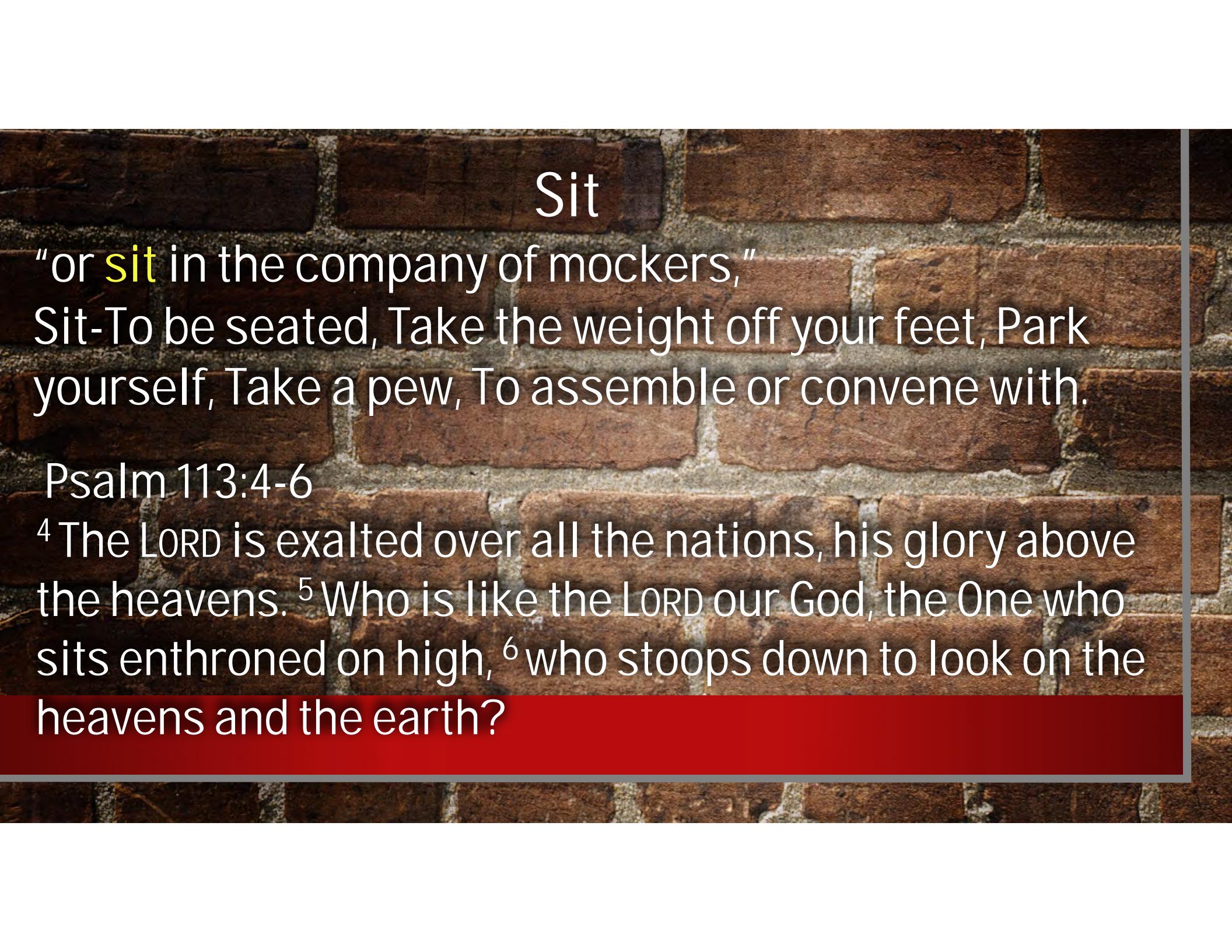
Stand

“or stand in the way that sinners take”

Stand-To position, Give point of view,
To Stop or Rest as in Stand Still,
Attitude, Opinion, (Verb) To Endure, To
Persist, To Prevail.

Ephesians 6:10-17

¹⁰ Finally, be strong in the Lord and in his mighty power. ¹¹ Put on the full armor of God, so that you can take your **stand** against the devil's schemes. ¹² For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. ¹³ Therefore put on the full armor of God, so that when the day of evil comes, you may be able to **stand** your ground, and after you have done everything, to **stand**. ¹⁴ **Stand** firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, ¹⁵ and with your feet fitted with the readiness that comes from the gospel of peace. ¹⁶ In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. ¹⁷ Take the helmet of salvation and the sword of the Spirit, which is the word of God.

The background image shows a row of dark brown, weathered wooden pews. The wood has a visible grain and some surface wear, particularly along the edges and corners. The pews are arranged in a slightly staggered pattern, creating a sense of depth. The lighting is soft, highlighting the texture of the wood.

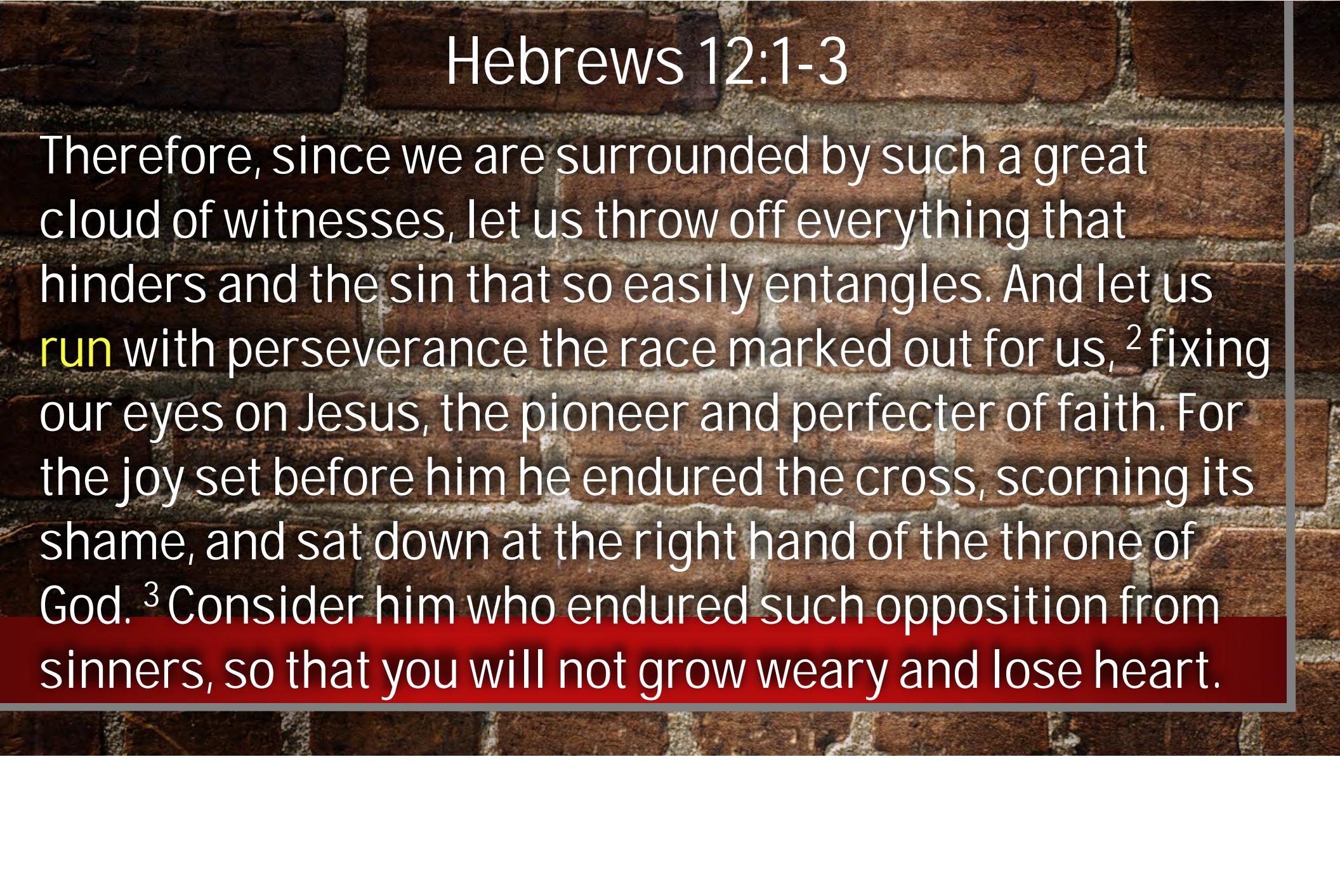
Sit

“or **sit** in the company of mockers,”

Sit-To be seated, Take the weight off your feet, Park
yourself, Take a pew, To assemble or convene with.

Psalm 113:4-6

⁴ The LORD is exalted over all the nations, his glory above the heavens. ⁵ Who is like the LORD our God, the One who sits enthroned on high, ⁶ who stoops down to look on the heavens and the earth?



Hebrews 12:1-3

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us **run** with perseverance the race marked out for us,² fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God.³ Consider him who endured such opposition from sinners, so that you will not grow weary and lose heart.

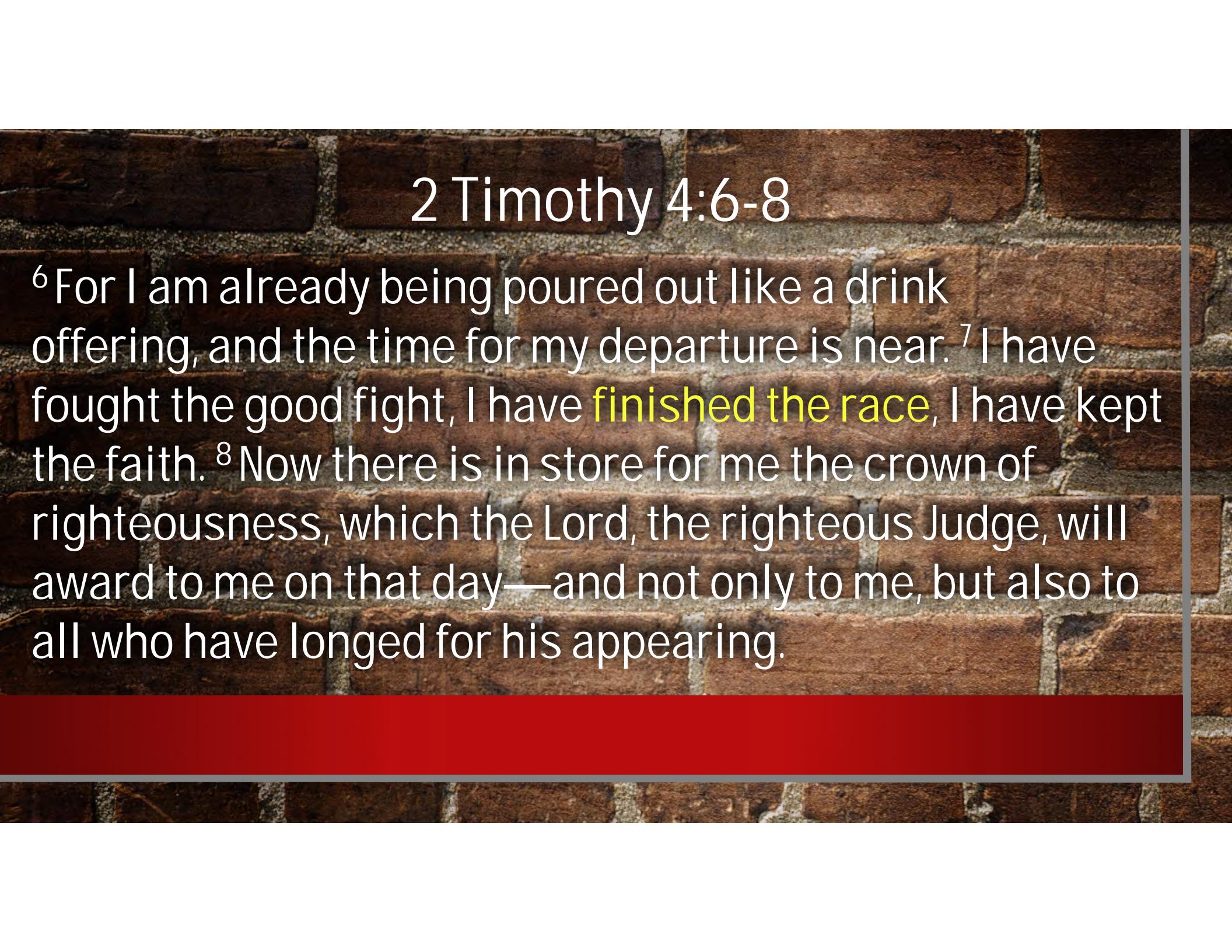
Run

Therefore, because of this, because of the certainty of God's promise
we can run this race of life with endurance!

Here the Author is picturing our life as a race. And even though it
may be a long and hard race, our faith gives us the endurance to
continue.

Also, we should drop anything that keeps us from running the very
best that we can. If Jesus is the finish line, Jesus is the motivation
for our lives, our founder and perfecter of our faith, then we should
remove anything that hinders us from running to Him.

When running the race toward Jesus, throw away
anything that would slow you down.



2 Timothy 4:6-8

⁶For I am already being poured out like a drink offering, and the time for my departure is near. ⁷I have fought the good fight, I have finished the race, I have kept the faith. ⁸Now there is in store for me the crown of righteousness, which the Lord, the righteous Judge, will award to me on that day—and not only to me, but also to all who have longed for his appearing.