

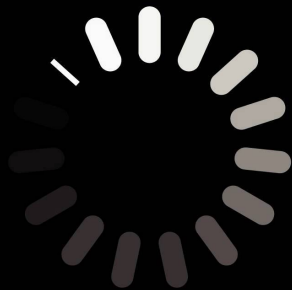
BUFFERING

The art of becoming

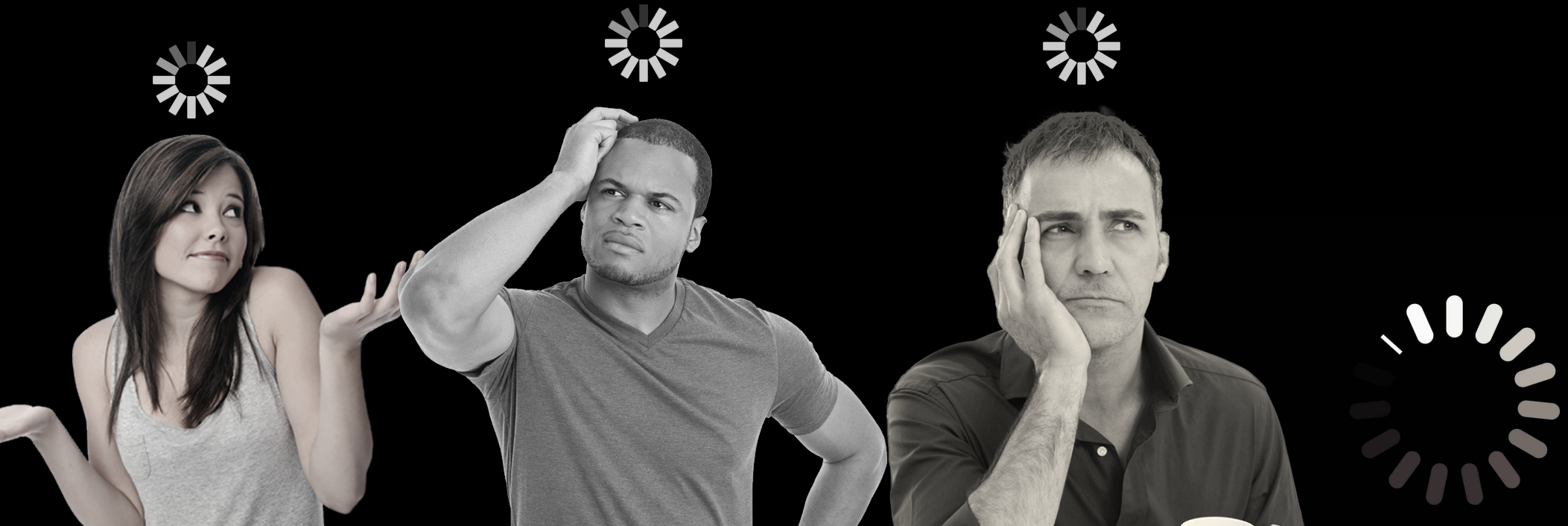
Newish

One common form of buffering occurs when your broadband connection is **too slow** to stream a video in real time. So your computer will **buffer** the video data – starting playback when there is enough data to prevent video lag.

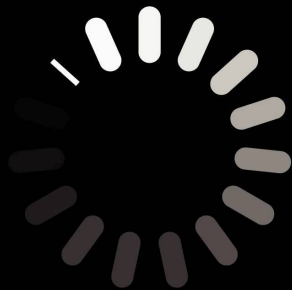
In other words, you receive lots of data but are unable to process it



In the fall our routines kick back into high gear and we walk around with a metaphoric buffering symbol above our heads. So much is happening that we are barely aware of our circumstances



**In the midst of this “buffering” we
make decisions not based on what we
value but on what we have capacity for**



Stress Can Lead You to Make Bad Decisions, Tishin Donkersley

Every day, you make huge decisions that impact your life, business, or family. However, **some decisions come with consequences you didn't anticipate or desire.** ...making decisions while stressed can lead to risky behaviour

As research on decision making shows, **our brains are wired to be more reactionary under stress.** [We] resort to binary choice-making, limiting the options available to us. In tough moments, we reach for **premature conclusions** rather than opening ourselves to more and better options.

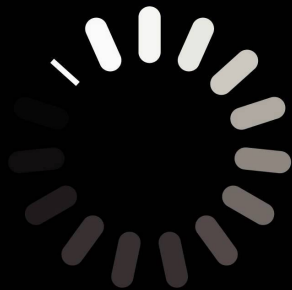
Harvard Business Review



Eventually, Your Choices Will Have Become Your Life

Lacey Johnson

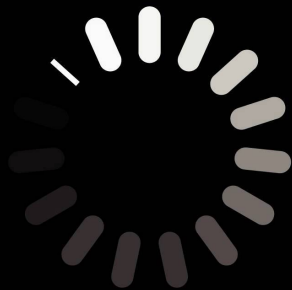
So, whatever you're thinking about doing tonight, tomorrow or five minutes from now, allow me to first be the tap on your shoulder reminding you that **every small decision then forms a series of further small decisions which then becomes your life.**



What are you becoming?

Do you want that?

Is there a better choice?

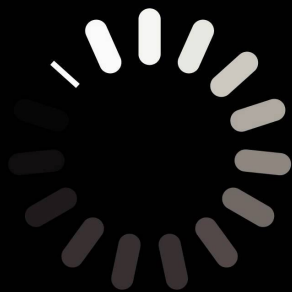


Colossians 3:1-4

Since you have been raised to **new life** with Christ, set your sights on the **realities of heaven**, where Christ sits in the place of honour at God's right hand. **vs 1**

Do our lives look new or different?

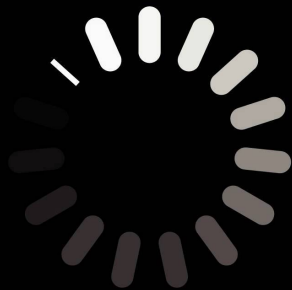
Heaven on earth



Colossians 3:1-4

Think about the **things of heaven**,
not the **things of earth**. vs 2

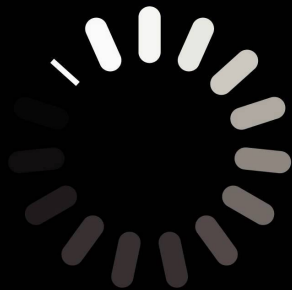
Paul separates the two realities



Colossians 3:1-4

For you **died to this life**, and your **real life** is hidden with Christ in God. **vs 3**

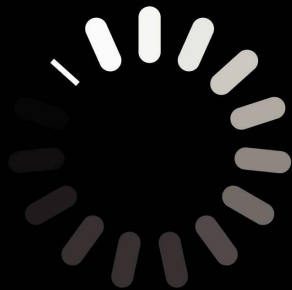
Real life?



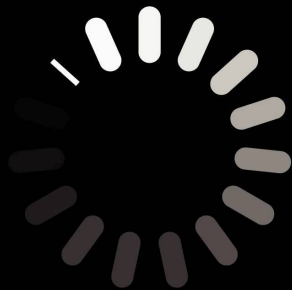
Colossians 3:1-4

And when Christ, **who is your life**, is revealed to the whole world, you will share in all his glory. **vs 4**

Jesus is your life



new life

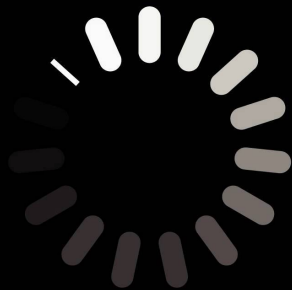


Ish

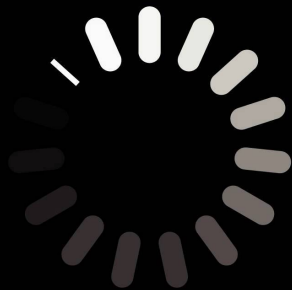
- A suffix that makes any word or phrase more **vague**.
- The ultimate **generality**, lacking any **specificity** or meaning whatsoever.
- kind of, **sort of**.

Urban Dictionary

Christianish, Jesusish, newish



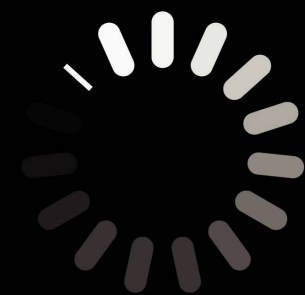
**You are becoming something, are you
aware of what that something is?**



This means that anyone who belongs to Christ has become a **new person**. The old life is gone; a **new life has begun!**
2 Corinthians 5:17

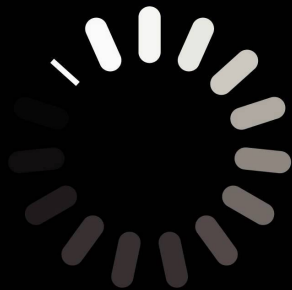


You were taught, with regard to your **former way of life**, to put off your **old self**, which is being corrupted by its deceitful desires
Ephesians 4:22

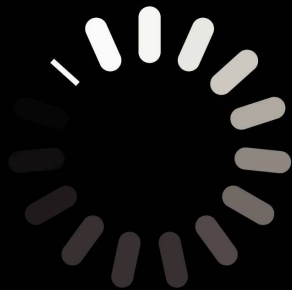


Values Based Decision Making

If we decide/choose based on what we believe then we feel less **anxious** about the path our lives take



**New life is the
beginning of
transformation.**



Humans can reproduce only **human life**, but the Holy Spirit gives birth to **spiritual life**. **John 3:6**

